

EATING DISORDER SUPPORT GROUPS

Monday

ANAD

Presbyterian Hospital of Dallas

Contact: Anna Masson at (214) 345-2791
Meets in the Community Mental Health Building,
Monday 6:00-7:00pm
Cost: FREE

Dallas Support Group Celebrate Recovery

7450 LBJ Freeway, Suite 300, Dallas, TX 75251.
Contact: Aleks Stewart at (214) 239-8807
asteward@watermark.org
Christian based, offered for all types of addiction.
For directions: <http://207.56.111.145/contact/contact.asp>
Website:
<http://www.watermarkcommunity.org/ministry/celebrate.asp>
Monday 6:30-8:00pm
Cost: FREE

Tuesday

OA

Ridgeview Presbyterian Church

2717 Marsh Ln, Farmers Branch, TX 75234
Directions: from 75, 635 West, take the Marsh Ln.
exit and turn right. The church will be on the left at the
first light.
Contact: Alan Oak at (972) 808-9892
Tuesday 7:00-8:00pm
Cost: FREE

ABA

St. Andrews United Methodist Church

5801 W. Plano Pkwy., Room 121
Plano, TX 75093
Contact: Lara 469-774-8190
Tuesday 2:30-3:30pm
Cost: Free

Thursday

ABA

Ridgeview Presbyterian Church

2717 Marsh Lane, Farmers Branch, TX 75234
Directions: from 75, 635 West, take the Marsh Ln.
exit and turn right. The church will be on the left at the
first light.
Contact: Bonnie K (214) 929-9169
Thursday 7:30-8:30pm
Cost: FREE

EDA

Ridgelea Family Guidance
(12 Step Model)
3509 Hulen St., Suite 207,
Fort Worth, TX 76107
Contact: Judith M Lokey (817) 731 3700
Thursday 6:00-7:00 m
Cost: FREE

Saturday

OA: Ridgeview Presbyterian Church

2717 Marsh Ln, Farmers Branch, TX 75234
Directions: from 75, 635 West. Take the Marsh Ln.
exit and turn right. The church will be on the left at the
first light.
Contact: Alan Oak at (972) 808-9892
Saturday 11:00-12:15pm
Cost: FREE

Female ED Teen Group

17430 Campbell Road, Ste 100,
Dallas, TX 75252
Contact: Susie Hair 972 732 9555
Saturday 12:00-1:30pm
Cost: \$60/session – insurance accepted

EDA

The Elisa Project

3102 Oak Lawn, Suite 520
Dallas, TX 75219
Contact: 214-369-5222
Saturday 9:30-10:30am
Cost: Free

Sunday

ABA

St. Andrews United Methodist Church

5801 W. Plano Pkwy., Room 121
Plano, TX 75093
Contact: Lara 469-774-8190
Sunday 2:30-3:30pm
Cost: Free

General E.D. Support Group

Custer Road United Methodist Church
6601 Custer Road, Room 130 Plano, TX 75023
Contact: Taci Kistler (972) 618 3450 x 242
Meets the second Sunday of every month
Sunday 5:00-6:30pm
Cost: FREE